

## How to Do a Good Job Better in Health and Social Care

the essential book for those who work - or want to work - in care

This book is authoritatively backed by references to relevant works and professional bodies, adhering to National Occupational Standards (NOS) which are the benchmarks of performance. Presenting step-by-step support guidelines, policies and procedures making the process of acquiring skills and knowledge both clear and attainable, it provides the means for self assessment.

**How to Do a Good Job Better** will help readers:

- develop knowledge, skills and understanding
- understand what is required for competence in their work role
- develop the ability to reflect on their work practice.

It will enable readers to demonstrate that they are knowledgeable, competent and insightful and that they meet the standards set by the various organisations that have an interest in boosting the skills of the health and social care workforce.

An induction workbook at the end of each chapter acts to engage readers in the subject and tests their understanding and knowledge in daily practice. This is crucial in providing safe working practice and quality services helping readers become the accomplished social care worker they know they can be.

The aim of the book is to ensure consistency in statutory and mandatory practice, thus allowing staff to transfer from one service provider to another while guaranteeing skills are consistent across the social care workforce.

**The author:** E. W. Ndungu has worked in the community social care and mental healthcare services over many years. She is uniquely experienced and qualified to document the full range of issues confronting today's health and social care worker.



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Bettercare Skills Ltd

How to Do a Good Job Better in Health and Social Care E. W. Ndungu



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Practical Skills and Induction Guide for  
Healthcare Assistants, Support Workers,  
Carers, Students, Parents and Guardians

**E. W. Ndungu**



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